



Parents Info

Arrild Børnehus



Welcome

This leaflet is a welcome for new parents. We have gathered some useful information about your child's new kindergarten.

We hope this leaflet will make it easier for you to know our kindergarten.

Hopefully you will also be able to use the folder as a reference book if there are anything you will later doubt. But

of course there may still be things, that you don't understand or would like to know more about, and then you are welcome to talk to us.

With best regards
The staff in Børnehuset

Opening hours

Monday - Thursday 6.30 am to 16.45 pm

Friday 6.30 am to 16.00 pm

Address and telephone number

Skærbækvej 16, Årrild
6520 Toftlund

Mobil : 30 13 84 03

E-mail : boernehuset@arrildfriskole.dk

Web : www.arrildfriskole.dk

Facebook : Årrild Friskole og Børnehus



Hello and goodbye: It's important that you and your child, always say hello and goodbye to an adult. If you come after 9.00 am, you should not expect, that there are any adults, who have time to wave with the children or talk to the staff about miscellaneous. For the sake of each other, and with respect for things of the institution, we expect the children to put the things they play with in place, before they go home. If the child is picked up by anyone other than the parents, we need to know that. It's always possible to ask the staff for a time for a meeting, if you need it.

Parent cooperation: It's great importance for the wellbeing of the children, that there is good cooperation between the parents and the staff. Therefore it's important that children and parents receive a good reception when the child starts in Børnehuset. When we are notified that your child is about to start, we will send an invitation to visit us. During this visit, we will give you plenty of time to show you around and we will have at talk about your child and possibly the special considerations we should take. We will also inform

about Børnehusets educational attitudes and talk about mutual expectations. More visiting can be arranged. It's important that parents and staff talk openly and honestly about the child's well-being and relevant circumstances in the home and in Børnehuset.

We encourage you to ask if there is anything, you are wondering about.

When the child starts in Børnehuset, a contact adult will be attached. This adult offers a 3-month conversation and later several ongoing.

Start-up: In connection with the child's start-up in Børnehuset, it's important that parents give time to drives your child into the institution. Recent research in the field shows, that the first week of a child's kindergarten life are crucial to its well being for the rest of its time in Børnehuset. Therefore, it may be important for example with days that the child can cope with. Ask the staff for more information.

Meeting time: We do not have regular meeting times, unless it's written on the board. If your child didn't show up before 9.00 am, we maybe have gone on a spontaneous



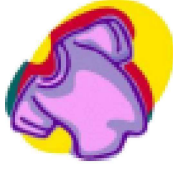
walk.

Shoe covers: You can find blue bags for coverings in Børnehusets wardrobe. With them we avoid the children having to play on a dirty floor.



Change clothes:

There is no bad weather, only bad clothing. The children must bring clothes/change clothes that suit the season. It's good to have clothes/shoes that the child can take off and on, on their own. REMEMBER name in all clothing/footwear. If your



child using diapers, you should also bring them.

Name: There are many children in Børnehuset, so it's IMPORTANT that you write names in your child's clothes, boots etc. The staff does not have the resources to look for your children's clothing, so we recommend that you look in the basket of forgotten clothes before you ask for help. If you have looked without result, we can write a "search" on the board, and when there is a name in it, it facilitates the process. Also remember to name the heritage clothing.

Wardrobe/Clean-up:

It's important that you remember to take your child's things they have made with you home. They have often put a lot of work in it. Also remember to empty the closet for cleaning every Friday. Put as little luggage in the wardrobes as possible. Also remember to check if there are any clothes in our forget basket. **It's not allowed to have plastic bags in the wardrobe.** You can use cloth bags if you need it.

Dress:

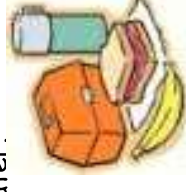
We are outside in all kinds of weather, so your child should wear clothes for the season. We encourage the children to get dressed by their own (help by age), so you could help your child by hanging clothes ready for them in the wardrobe. Talk to your child about their clothes, so they know what to wear, and it will give them a better understanding of "This is my clothes". It also helps us when we are out of the house and

need to find the underwear again. Keep in mind, that it's a really good motor activity for your child when they are practicing getting dressed.

Meal Plan:

Breakfast: Børnehuset offers breakfast from 6.30 am - 7.15 am. Breakfast consists of cornflakes, oatmeal with raisins (without sugar). Milk and water are provided.

Early lunch: At 9.00 am an early lunch is offered. The food consists of rye bread, crispbread, fruit and water.



Lunch: Around 11 am we eat lunch which is either rye bread, with a variety of accompaniments or a hot dish. The children drinks milk or water to their lunch.

After lunch: At 14.00 pm we serve fruit, rye bread or crispbread with water.

(Allergi: If your child can't tolerate milk/products, then you need to bring substitutes to your child.)

Birthdays:

In Børnehuset the child is celebrated on the day (or as close as possible) We will sing birthday song and the child receives a birthday present. The birthday can also be celebrated in the child's home (the parents arrange the transport back and forth if the child lives far away from Børnehuset). If you choose to celebrate the child's birthday in Børnehuset, you can either choose to celebrate the birthday with the entire kindergarden, or the toddler group or the entire Børnehuset. You can choose to bring: one cake or fruit or sausage rolls or pizza or....(ONLY 1 THING)(NO candy bags)



Holidays: We make the best out of the staff's resources if the staff is on holiday or off duty when there are few children. Therefore it's very important to report and comply with the deadline.



Bulletin boards and Newsletters on the website:

REMEMBER to look at bulletin boards in the wardrobe and in the kitchen. Do not miss important information, practical information and perhaps a fun note. Any activities during the week will also appear on the bulletin board + read our weekly newsletter, which you can read on the website www.arildfriskole.dk



Closing days:

Børnehuset is closed:

- 3 days up to the Easter holidays
- Friday after Kr. Him.fartsdag
- Constitution Day
- Between Christmas and New Year

Mindfulness/resting: In Børnehuset we offer all



children mindfulness/rest time from 12.30 pm - 13.00 pm, and for those children who need a nap, it's also possible. Please bring the child: Sleeping teddy bear/pacifier. We have duvets and blankets.

In the nursery, the child sleeps in a baby carriage .

(Børnehuset has baby carriage/prams). Please bring the child teddy bear/pacifier, duvet, pillow and bed sheet.

Illness: We only receive healthy children, which means that they must be able to participate in ordinary activities, both indoors and outdoors. For the sake of the other children and adults, we would like to know, if your child should get an infectious disease. If your child gets ill or has a fever during the day, we will contact you. We would like you to let us know at latest 9.00 am, if your child has a day off, sick or meet in later.



Medicine: The staff is not trained to observe and deal with sick children. Therefore, should the medication be given at times outside the opening hours. When the child returns to Børnehuset after sickness, continued medication should be given outside the opening hours. For chronic illnesses, there is sometimes a need to provide medication during the day. If we need to give your child the prescribed medicine, you must bring a documentation from your own doctor. The medicine must be in original packaging with prescription label from the pharmacy.

Sunscreen:

The children should be lubricated in sunscreen from

home. On warm days, we lube the kids into cream at noon. The children should not bring sunscreen themselves, unless the children only can tolerate special some cream. This must be given to the staff, who will keep it.

Toy day:

Last Friday every month we have a toy day. This is the day your child can bring his or her own toy in Børnehuset. Remember to name it. Help the child to choose 1 toy, instead of filling the whole bag. The toys are always at your own risk..



We work with: Free from Bullying

Free from bullying – an early effort

Bullying is usually something we know from school. But the germ of bullying is already laid in the kindergarten and further developed in the schooling. Therefore it's crucial with an early effort. Save The Child and Mary Foundation has started Free from Bullying – a preventive project for the three to eight year old children. Free from Bullying suitcase is designed to respond early to bullying. See more on Free from bullying website: www.friformobberi.dk

Creating a positive environment in Børnehuset

The ambition of Free for Bullying is to create children's communities in Børnehuset with tolerance and respect for each other. The goal is to create a culture where the children show care for each other and respond to bullying with courage and defend the friend, who has difficulty defending himself.. The time perspective in Free from Bullying is not limited to be a short project period, but it is intended to be considerably broader as a process that for us, flows throughout the whole kindergarten time and further up the bridge building.

Buddy Bear

Buddy Bear is a teddy bear figure and is the mascot of Free from Bullying. The teddy bear is an evergreen through generations and in many different cultures around the world. The teddy exudes confidence, gentleness and friendship – and the figure should remind the preschoolers to look after each other and to be a good friend.

In Børnehuset each preschooler has their own little personal Buddy Bear, which they have got in connection with their start-up Buddy Bear must stay and live in Børnehuset.

Children Meetings

We have children meetings every Friday morning for all preschoolers.

We start the children meeting by having the children to pick up their own personal Buddy Bear, and then gather in a circle where the big Buddy Bear sits with the adult, who manage the children meeting.



The transition between Børnehuset and Arrild school: We work closely with Arrild school and SFO. The oldest children (preschoolers start in Arrild school after the summer holidays). From January the preschool program starts for the children who are enrolled in the upcoming kindergarten class. They have to spend one day at week at school and "try to go right to school". They need to practice finding their way around the school, feeling what it means to go to school, and doing schoolwork. By appointment, they will also visit the SFO. The goal is to create a safe transition between

kindergarten and school.

